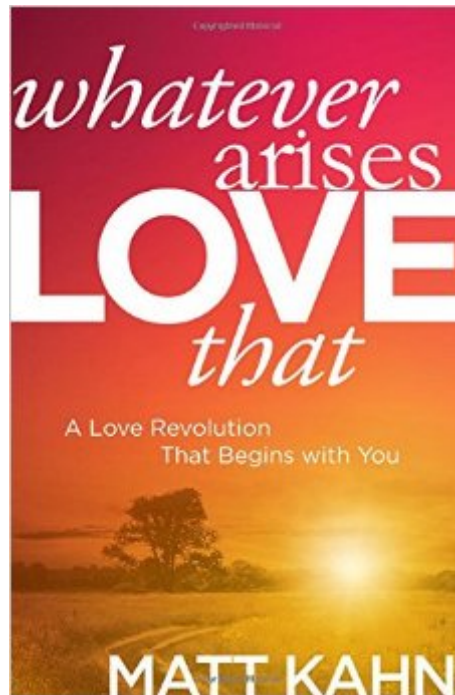


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# Whatever Arises, Love That: A Love Revolution That Begins With You



## Synopsis

There are four simple words that point the way toward liberation and fulfillment: whatever arises, love that. This is the life-changing teaching that Matt Kahn has been sharing with millions of YouTube viewers around the world. *Whatever Arises, Love That* offers a collection of powerful teachings by this highly regarded teacher, providing you with a series of deeply healing insights and practices to ignite the spark of your highest potential. Topics include:

- Discovering the first step in finding inner peace
- Reclaiming the passion, joy, and inspiration of your true innocent nature
- Exploring the essential role of surrender throughout the spiritual journey
- Unraveling the patterns of ego with compassion and ease
- Mastering the vital skill of conscious communication to uplift every relationship and encounter
- Reuniting the mind and heart as a doorway into greater spiritual evolution

As Matt often says, "The deepest invitation in any moment is to heal the root of human suffering and celebrate the Spirit in all by opening your heart to its absolute potential. In a universe of endless questions, love is the only answer."

*Whatever Arises, Love That* is the blueprint for a new spiritual paradigm and your companion in exploring spiritual evolution in the most heart-centered way.

## Book Information

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## Customer Reviews

What an AMAZING book this is!!! This book is all about feel. It helps relax the body and puts the mind at ease ever so sweetly. Matt's message is warm, gentle, nurturing, intimate and expansive all at the same time. Honestly, this book just radiates profound heart centered truth and goodness!! It is an unconditionally loving companion that guides you back to yourself each time you pick it up. It's

like coming home over and over again. Thank you you for this gift Matt Kahn!! May everyone who comes across this book be blessed with their hearts bursting open in joy and grace!!

What a great book! I'm a big fan of Matt Kahn and this book wraps up his core teachings and personal experiences all in one awesome package. It's like taking his retreats and soul gatherings, wrapping up all of the most important goodies (plus things he hasn't shared before), and presenting it to you in a book that you can read through, follow his recommendations and suggestions on healing mantras and doing the I Love You's, and feel how it changes you as you move forward step by step. Matt's the real deal. I've had the opportunity to meet and get to know a variety of different spiritual teachers on and off stage over the years. With some people it's a show, you know? It's a performance. With Matt, what you see, what you hear, what you read.. that's really him. It's who he is, how he acts, how he treats people, and how he actually lives. I'm so grateful that Matt is such a genuinely awesome guy and is sharing so much goodness on youtube, in person, and now in his book. Absolutely recommended. This is the transformational goodness that the world could so desperately use right about now. The world deserves more love, not less. I deserve more love, not less. You deserve more love, not less. We all deserve more love, not less. Such a simple message, and thank you Matt for helping simplify spirituality and life in general in the most helpful, beneficial, and positively transformative way possible!

Matt's teachings in this book are absolutely life changing for the highest. Learning how to love more deeply and consistently everything that arises makes me feel amazing. I can't recommend it enough.

I am so excited to read this material in "Whatever arises love that", because I enjoy Matt's teachings so much on You Tube! After getting my copy in the mail today (which I pre-ordered) and reading some of these simple, yet spiritual insights shared by Matt, I get so excited and feel happy about the loving and joyful message he is sharing with us all! This book has life changing information in it for those who are ready to read and receive it!! Bless you and thank you Matt for writing this book!

Matt Kahn is an amazing teacher and having been to two of his retreats I can tell you he is the real deal! Since I was introduced to him a little over a year ago I really pay little if any attention to anyone else out there in the spiritual teaching world. I feel as if everyone else is rehashing the same old, same old. Matt's stuff is radical, different and really works! He's living in the 5th dimension (and

maybe beyond that!) and knows how to get us there. Matt will blow your mind! No one else out there, that I know of, can even come close to his teachings. Get this book, join the love revolution. You'll be so happy that you did!

I have never read more revolutionary, radical yet sane spiritual ideas in my life. I've applied these ideas to my life these past few weeks and I say this with all the truth in my heart, I've radically changed for the better. I have a completely new perspective on life. I feel safe, sure and so much happier - even after 25 years on the so called "spiritual path". What a relief. The words HIGHLY RECOMMEND are too shallow to be used here but it's the best I have. Enjoy.

Every word in this amazing book is infused with transformational energy of unconditional love and heart opening wisdom. If I could give it 50 stars, not just 5 - I would!

Wow. Matt Kahn's message and delivery is profoundly powerful and transforming. And always presented with such clarity and depth. My gratitude for this book and Matt's teachings goes sky high! Love. Love. Love.

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